

Formula feeds for Cow's Milk protein Allergy (CMPA)

Age	Age	<6 months	>6 months	>12 months
Number of tins/month (Initially 1-2 ONLY ACBS)	Number of tins/mth	12 x 400g/ 6 x 900g	8-12 x 400g/ 4-6 x 900g	8 x 400g/ 4 x 900g
1 st Line extensively hydrolysed formula (eHF)	+ lactose	Aptamil Pepti 1 Althera (if gut symptoms severe then try formula without lactose)	Aptamil Pepti 2 Althera	Aptamil Pepti 2 Althera
	-lactose	Nutramigen 1 Similac Alimentum	Nutramigen 2 Similac Alimentum	Nutramigen 2 Similac Alimentum
2 nd Line Amino Acid Formula (AAF) (try if symptoms persist on eHF OR 1 st line for severe symptoms, growth failure, CMPA in a breast fed infant)	-lactose	Neocate LCP Nutramigen AA	Neocate LCP Nutramigen AA	Neocate LCP Nutramigen AA

CMPA 2-5% of children affected. Will need referral to paediatric dietitian for further management even if alternative milk helps. Normally challenged by 12-18 mths by dietitian.- under medical supervision if IgE mediated.

Formula feeds for lactose intolerance

Can be bought over the counter . Healthy start voucher can be used. Do we really need to prescribe it???

Primary lactose intolerance very RARE in very young children. Generally lactose intolerance is secondary to gastroenteritis and is transient.

Babies should be re-challenged after 4-6 weeks to test if intolerance is resolved.

Re-challenge by introducing an increasing amount of standard formula into the lactose free milk and monitoring for symptoms.

Age		<6 months	>6 months
No.of tins/month		12 x 400g/ 6 x 900g	8-12 x 400g/ 4-6 x 900g
	-lactose	SMA lactose -free Enfamil O lac Not suitable for cow milk protein allergy as contains whole protein	Infasoy Should never be prescribed under 6 months. DO NOT prescribe as 1 st line for cow milk protein allergy . there is increased sensitisation to soya protein – especially with non- IgE mediated cow's milk protein allergy

Info obtained from Barnsley Area Prescribing Committee report July 2014

NICE GUIDELINES CG 116- diagnosis and assessment of food allergy in children and young people in primary care and community settings